



**SCENARIO 70 - BETHANY LARSON** 

MEDICAL CATEGORY: NEUROLOGY

CASE DIFFICULTY: INTERMEDIATE

SIMULATION ENVIRONMENT: EMERGENCY ROOM

These patients are not real patients and their clinical cases, whilst clinically plausible, are fictional.

# OVERVIEW



CONTEXT		Bethany was at home with her relatives when she suddenly felt less strength in her left arm. The relatives called the emergency and Bethany arrived at the hospital 1.5 hours after symptoms onset.				
BRIEFING		Female patient with 78 years just arrived in the emergency room due to sudden onset of left hemiparesis 2 hours ago.				
	GENERAL	Recognize acute ischemic st	roke.			
LEARNING		Knowledge of indications and contraindications to thrombolysis.				
OBJECTIVES	SPECIFIC	Knowledge of indications and contraindications to intra-arterial treatments.				
		Management of acute ischen	nic stroke.			
		Patient name:	Bethany Larson	Age (years):	78	
DATIE		BMI:	26.6 (overweight)	Sex:	Female	
PATIEI CHARACTER		Weight (kg):	68	Height (cm):	160	
OHARAGIE	(LATION	Weight (lb):	150	Height (in):	63	
		Chronic conditions: Hypertension; Diabetes mellitus type 2; Atrial fibrillation; Dyslipidemia.				
Notes: These patients are not real patients and their clinical cases, whilst clinically plausible, are fictional.						

ABCDE ASSESSMENT

CATEGORY	PARAMETERS	EVALUATION	PRIOR
AIRWAY	Upper airway noises	No readily audible breath sounds.	1st Prio
AIRWAT	Airway observation	Clear airway	1st Pric
	Signs of respiratory distress	No signs of respiratory distress.	1st Pric
	Respiratory rate	13/min	1st Pric
	Chest excursion	Symmetric diaphragmatic excursion.	1st Pri
	Chest deformity	No	1st Pri
	O <sub>2</sub> Sat	97%	1st Pri
BREATHING	Chart persuasian	Right: 1R - resonance; 2R - resonance; 3R - resonance; 4R - resonance; 5R - resonance	2nd Pri
	Chest percussion	Left: 1L - resonance; 2L - resonance; 3L - superficial cardiac dullness; 4L - superficial cardiac dullness; 5L - resonance	
	Chest palpation	2L - normal; 2R - normal	2nd Pr
	Pulmonary auscultation	Normal vesicular murmurs in all sites.	1st Pri
	Hands and digits	Pink and warm	1st Pri
	Heart rate	90 bpm	1st Pri
CIRCULATION	Pulse palpation	Carotid - Amplitude: strong; Rhythm: irregular; Radial - Amplitude: strong; Rhythm: irregular, equal both sides; Femoral - Amplitude: strong; Rhythm: irregular, equal both sides; Dorsalis pedis - Amplitude: strong; Rhythm: irregular, equal both sides.	1st Pri
	Blood pressure	170 / 90 mmHg	1st Pri
	Capillary refill time (CRT)	1.5 seconds	1st Pri
	Heart auscultation	S1 and S2 normal sounds, no murmurs.	1st Pri
	Urinary output	0.6 mL/kg/h / 40.8 mL/h	1st Pri
DIOADU ITV	Pupils (size, equality and reaction to light)*	Right: Size - 4 mm; Right eye light: 2 mm; Left eye light: 2 mm Left: Size - 4 mm; Right eye light: 2 mm; Left eye light: 2 mm	1st Pri
DISABILITY	Glasgow Coma Scale	15 (E = 4; V = 5; M = 6)	1st Pri
	Blood Glucose	145 mg/dL / 8 mmol/L	1st Pri
	Full body*	Front: No visible alterations.	2nd Dri

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		<u>ruli boay"</u>	Back: No visible alterations.				Zilu Pilonty
	EXPOSURE	Abdominal auscultation	Normal hydro-aerial sounds without abdominal murmurs.		2nd Priority		
		Abdomen palpation	lpation No rigidity. No pain. No visceromegaly.			2nd Priority	
		Abdomen percussion	6R - tympanic; 7R - tympanic	; <b>6L -</b> tympani	c; <b>7L -</b> tympan	ic	2nd Priority
		Temperature	36 °C / 97 °F				1st Priority
Note:		* In the current version of the case, these procedures are not implemented.					

# DIALOGUES

Specification of dialogues with the patient during simulation:

CATEGORY	Question Availability	#	QUESTION	PATIENT REPLY	REPLY CONDITIONAL	PRIORITY
	-	1	What happened to you?	I suddenly had difficulty moving my left body.	-	1st Priority
	After question 1 is asked	2	When did your symptoms start?	Two hours ago.	-	1st Priority
	-	3	Do you feel pain?	No, I don't.	-	2nd Priority
Medical condition	-	4	Did you have any recent surgery?	No.	-	1st Priority
Condition	-	5	Do you have any other diseases?	I have atrial fibrillation.	-	2nd Priority
	-	6	Did you have any severe illness or injury before?	One year ago I suffered a transient ischemic attack.	-	2nd Priority
	-	7	Did you fall?	No.	-	2nd Priority
	-	8	Do you have any allergies?	Ahm no	-	2nd Priority
Medication	-	9	Do you take any medication?	Yes, I am taking candesartan 8 mg daily, warfarin daily, pravastatin 40 mg daily, metformin 1000 mg twice daily, and bisoprolol 5 mg daily.	-	1st Priority
	-	10	Have you been taking your medication properly?	Yes. Well a week ago I stopped taking warfarin for a tooth extraction, but I have restarted it 6 days ago.	-	2nd Priority
	-	11	What do you usually eat?	I eat everything. We cook very good meals at home.	-	Not a Priority
	-	12	How many meals per day?	I have three meals a day.	-	Not a Priority
Nutrition	-	13	Do you eat snacks in between meals?	No. I don't usually eat snacks.	-	Not a Priority
	-	14	Do you take dietary supplements?	No, I am only taking my medication.	-	Not a Priority
	-	15	Have you felt any appetite changes?	I think my appetite has been the same.	-	Not a Priority
	-	16	What is your job?	I am retired.	-	Not a Priority
	-	17	Have you been under stress lately?	It depends on the day.	-	Not a Priority
Risk factors	-	18	Do you have high blood pressure?	Yes, I have high blood pressure.	-	2nd Priority
MISK TACIOTS	-	19	Do you have high cholesterol?	Yes, I'm afraid so.	-	2nd Priority
	-	20	Do you drink alcoholic beverages frequently?	No.	-	Not a Priority
	-	21	Do you smoke?	No, I don't.	-	Not a Priority

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INITIAL SIMULATION CONDITIONS							
CATEGORY	DESIGNATION	I		COMMENTS			
Signs & symptoms	Mouth deviation towards the	ne right side		Due to stroke			
Acute conditions at case	Acute ischemic stroke of right MCA			-			
start	Hypocoagulation with Warfarin		-				
Parameters at case start:	Blood pressure (mmHg):	170 / 90					
	Heart rate (bpm):	90					
	Respiratory rate (/min):	13					
	O₂ saturation (%):	97					
	Blood glucose (mg/dL):	145	Blood glucose (mmol/L):	8.05			
	Temperature (°C):	36.0	Temperature (°F):	97			
	Hemoglobin (g/dL):	13.1					
	Urinary output (mL/kg/h):	0.6					

## **SEQUENCING OF CLINICAL CONDITIONS**

Description of the predefined evolution of the patient's state:

SIMULATION	
TIME (MIN)	EVENT
0	Initial Acute ischemic stroke of right MCA leads to a O <sub>2</sub> saturation change by -1%/min conditions: Hypocoagulation with Warfarin
1	
2	
3	
4	
5	
6	
7	
8	Hypoxia (O <sub>2</sub> saturation < 90%); Hypoxia leads to Asymptomatic mild tachycardia (HR: 110 bpm) and Asymptomatic mild tachypnea (RR: 28 / cycles)
9	
10	
11	
12	Acute ischemic stroke leads to severe acute ischemic stroke which leads to a O <sub>2</sub> Saturation change by - 1.5 % / min
13	
14	
15	
16	
17	Severe Hypoxia (O <sub>2</sub> saturation < 80%); Severe Hypoxia leads to Severe Tachycardia (HR: 150 bpm) and Severe Tachypnea (RR: 39 /cycles)
18	Severe Hypoxia leads to Unconsciousness
19	
20	
Note:	If thrombolysis is administered, patient deteriorates to coma with respiratory arrest. After 2 minutes of unassisted coma with respiratory arrest the patient dies

## **EXAMINATION PROCEDURES**

Examination procedures relevant for the case with detailed results:

CATEGORY	TEST NAME	CONDITIONAL	RESULT DESCRIPTION		
	Lung quantitation	Initial	Normal vesicular murmurs in all sites.		
	Lung auscultation	Cardiac Arrest	Silent		
	Heart auscultation	Initial	S1 and S2 normal sounds, no murmurs.		
	neart auscultation	Cardiac Arrest	Silent		
	Pulse palpation	Initial	Carotid - Amplitude: strong; Rhythm: irregular; Radial - Amplitude: strong; Rhythm: irregular, equal both sides; Femoral - Amplitude: strong; Rhythm: irregular, equal both sides; Dorsalis pedis - Amplitude: strong; Rhythm: irregular, equal both sides.		

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		Cardiac Arrest	Carotid - Amplitude: absent; Radial - Amplitude: absent; Femoral - Amplitude: absent; Dorsalis pedis - Amplitude: absent.		
	Capillary refill time (CRT)	Initial	Initial 1.5 seconds		
	Capillary refill tille (CK1)	Cardiac Arrest	No perfusion		
			TEST	RESULT	
Physical exam		Acute right ischemic	Eye opening	4	
i nysicai cxam		stroke OR Intervention	Verbal response	5	
		Neuroradiologist is	Motor response	6	
	Glasgow coma scale	performed	Total result	15 - No impairment of consciousness	
		Severe right acute ischemic stroke	TEST	RESULT	
			Eye opening	3	
			Verbal response	4	
			Motor response	5	
			Total result	12 - Moderate impairment of consciousness	
			TEST	RESULT	
			Eye opening	2	
		If thrombolysis is	Verbal response	3	
		administered	Motor response	3	
			Total result	8 - Severe impairment of consciousness	

# DIAGNOSTIC STRATEGIES

Complementary strategies for diagnosis relevant for the case:

CATEGORY	TEST NAME		RESULT DESCRIP	TION	PRIORITY	
Imaging		Initial	right middle cerebral artery suggesting the pathrombus. No acute lesions are visible. Mild	A spontaneous hyperdensity is visible in the whole M1 segment of the right middle cerebral artery suggesting the presence of an intravascular thrombus. No acute lesions are visible. Mild calcifications are visible in the carotid siphons. ASPECTS: 10		
	Head CT	Hemorrhagi c Transformat ion	A large intracerebral hematoma is visible in adjacent insular cortex and corona radiata hemorrhage in the right frontal and parieta hemorrhage. It has significant mass effect causing midline shift, transtentorial and s other acute lesions are	1st Priority		
	Angio CT		Occlusion of M1 segment of the right mi collateral circulation is visible in distal midd		1st Priority	
	CT perfusion		Large area of cerebral blood flow impairment and increase in mean transit time in the whole territory of the right middle cerebral artery.			
	Transcranial Dop	pler	M1 Right Occlusion			
Lab tests	Coagulation Tests		INR: 3.5			
	Lipid profile		Dyslipidemia			
Electrophysiology	12-Lead ECG		Atrial fibrillation			
Decision aids	Stroke Scale (NIHSS)	Acute right ischemic stroke	TEST RESULT			
			1.a - Level of Consciousness	0 - Alert, Keenly responsive		
			1.b- LOC - Questions (month and age)	0 - Both correctly		
			1.c- LOC - Verbal Commands (open/close eyes, grip/release non-paretic hand)	0 - Both tasks correctly		
			2 - Best gaze (Only horizontal eye movements, voluntary or reflexive)	0 - Normal		
			3 - Visual fields (stimuli or threats in each eye's 4 quadrants)	0 - No visual loss		
			4 - Facial palsy	1 - Left side minor paralysis		
			5.a - Motor Right Arm (10" sitting at 90°, supine at 45°)	0 - No drift		
			5.b - Motor Left Arm (10" sitting at 90°, supine at 45°)	2 - Some effort against gravity; Drifts down to bed		
			6.a - Motor Right Leg (5" lying at 30°)	0 - No drift		
			6.b - Motor Left Leg (5" lying at 30°)	1 - Drift, drifts does not hit bed		
			7- Limb ataxia (finger-nose-finger; heel-shin)	0 - Absent		
			8 - Sensory (sensation to pinprick when tested or withdrawal from noxious stimulus)	1 - Mild to moderate sensory loss		
			9 - Best Language (name items, describe a picture, read sentences)	0 - No aphasia		
			10 - Dysarthria (clarity of articulation of speech when reading or repeating words)	0 - Normal		

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	11 -Extinction and inattention (simultaneous bilateral	2 - Profound hemi-inattention or	
	visual and tactile stimuli; anosognosia)	extinction to more than one modality	
	Total	7 - Moderate stroke	
Intervention	TEST	RESULT	
Neuroradiol ogist is	1.a - Level of Consciousness	0 - Alert, Keenly responsive	
performed	1.b- LOC - Questions (month and age)	0 - Both correctly	
	1.c- LOC - Verbal Commands (open/close eyes, grip/release non-paretic hand)	0 - Both tasks correctly	
	2 - Best gaze (Only horizontal eye movements, voluntary or reflexive)	0 - Normal	
	3 - Visual fields (stimuli or threats in each eye's 4 quadrants)	0 - No visual loss	
	4 - Facial palsy	1 - Left side minor paralysis	
	5.a - Motor Right Arm (10" sitting at 90°, supine at 45°)	1 - Drift, drifts does not hit bed	
	5.b - Motor Left Arm (10" sitting at 90°, supine at 45°)	0 - No drift	
	6.a - Motor Right Leg (5" lying at 30°)	0 - No drift	
	6.b - Motor Left Leg (5" lying at 30°)	0 - No drift	
	7- Limb ataxia (finger-nose-finger; heel-shin)	0 - Absent	
	8 - Sensory (sensation to pinprick when tested or withdrawal from noxious stimulus)	1 - Mild to moderate sensory loss	
	9 - Best Language (name items, describe a picture, read sentences)	0 - No aphasia	
	10 - Dysarthria (clarity of articulation of speech when reading or repeating words)	0 - Normal	
	11 -Extinction and inattention (simultaneous bilateral visual and tactile stimuli; anosognosia)	0 - No abnormality	
	Total	3 - Minor stroke	
Severe right	TEST	RESULT	1st P
acute	1.a - Level of Consciousness	1 - Not Alert; but arousable by minor	
ischemic stroke		stimulation	
	1.b- LOC - Questions (month and age)     1.c- LOC - Verbal Commands (open/close eyes,	1 - One correctly	
	grip/release non-paretic hand)	1 - One task correctly	
	2 - Best gaze (Only horizontal eye movements, voluntary or reflexive)	1 - Partial gaze palsy	
	3 - Visual fields (stimuli or threats in each eye's 4 quadrants)	2 - Complete hemianopia	
	4 - Facial palsy	2 - Left side partial paralysis	
	5.a - Motor Right Arm (10" sitting at 90°, supine at 45°)	0 - No drift	
	5.b - Motor Left Arm (10" sitting at 90°, supine at 45°)	4 - No movement	
	6.a - Motor Right Leg (5" lying at 30°)	0 - No drift	
	6.b - Motor Left Leg (5" lying at 30°)	3 - No effort against gravity, limb falls	
	7- Limb ataxia (finger-nose-finger; heel-shin)	1 - Present in one limb	
	8 - Sensory (sensation to pinprick when tested or withdrawal from noxious stimulus)	2 - Severe to total sensory loss	
	9 - Best Language (name items, describe a picture, read sentences)	0 - No aphasia	
	10 - Dysarthria (clarity of articulation of speech when reading or repeating words)	1 - Mild to moderate dysarthria	
	- 11 -Extinction and inattention (simultaneous bilateral visual and tactile stimuli; anosognosia)	0 - No abnormality	
	Total	19 - Moderate to severe stroke	
If	TEST	RESULT	
thrombolysis	1.a - Level of Consciousness	3 - Coma	
is administered	1.b- LOC - Questions (month and age)	2 - None correctly	
aummstereu	1.c- LOC - Verbal Commands (open/close eyes, grip/release non-paretic hand)	2 - Neither task correctly	
	Best gaze (Only horizontal eye movements, voluntary or reflexive)	2 - Forced deviation	
	3 - Visual fields (stimuli or threats in each eye's 4 quadrants)	3 - Bilateral hemianopia (blind/cortical blindness)	
	4 - Facial palsy	3 - Left side complete paralysis	
	5.a - Motor Right Arm (10" sitting at 90°, supine at 45°)	4 - No movement	
	5.b - Motor Left Arm (10" sitting at 90°, supine at 45°)	4 - No movement	
	6.a - Motor Right Leg (5" lying at 30°)	4 - No movement	
		4 - No movement	
	6.b - Motor Left Leg (5" lying at 30°)		
	7- Limb ataxia (finger-nose-finger; heel-shin) 8 - Sensory (sensation to pinprick when tested or	2 - Present in two limbs 2 - Severe to total sensory loss	
	withdrawal from noxious stimulus)  9 - Best Language (name items, describe a picture, read	3 - Mute, global aphasia	
	sentences)  10 - Dysarthria (clarity of articulation of speech when	2 - Severe dysarthria; Mute/anarthric	
	reading or repeating words)  11 -Extinction and inattention (simultaneous bilateral	2 - Profound hemi-inattention or	
	uraura and tactus atimulic anagganagia	extinction to more than one modality	
	visual and tactile stimuli; anosognosia)  Total	42 - Severe stroke	

T = computed tomography; NIHSS = National Institutes of Health Stroke \*In the current application version, these tests are not implemented yet.

Placement of orotracheal tube+ventilation

100 compressions / min

mg

IV bolus

### **TREATMENT / INTERVENTION OPTIONS**

Medication / intervention options to treat all patient's conditions.

**ASYSTOLIC CARDIAC** 

**ARREST** 

This table contains treatments required to treat all relevant acute health conditions present in this case.

Each cell in the first column designates a condition and the cells to the right describe its treatment options.

The "type" and "category" columns refer to the location of the treatment item in Body Interact user interface (to be filled in only by the Body Interact team).

To treat: TYPE CATEGORY DESCRIPTION				V.		PRIORITY		
ACUTE ISCHEMIC STROKE /		STROKE UNIT	The s	The stroke unit is notified.				
SEVERE ACUTE ISCHEMIC STROKE	CALL	Intervention Neuroradiologi st	The Intervention	1st Priority				
Note: For Ischemic	stroke treatmer	nt, Call Stroke ι	unit intervention, is an optional intervention.					
To treat:	TYPE	CATEGORY	DESIGNATION	DOSE	UNIT	ROUTE OF ADMINISTRATION	PRIORITY	
	INTERVENTION	OXYGEN	Nasal cannula	2	L /min	-	Not a Priority	
HYPOXIA / SEVERE			High flow mask	40	%	-	Not a Priority	
HYPOXIA		ON VENTILATION	DESIGNATION	DESCRIPTION		PRIORITY		
			Invasive Ventilation	Orotracheal tube is placed and ventilator is turned on.		nd ventilator is	Not a Priority	
To treat:	TYPE	CATEGORY	DESIGNATION		DESCRIPTION		PRIORITY	
APNEA	INTERVENTION	VENTILATION	Orotracheal tube+ventilation	Placement of orotracheal tube+ventilation		Not a Priority		
To treat:	TYPE	CATEGORY	DESIGNATION		DESCRIPTION		PRIORITY	

Orotracheal

tube+ventilation

Chest compressions

Adrenaline

## ENDING MESSAGES

Each ending message text is required to have no more than 200 characters (including spaces).

LIFE SUPPORT

VASOACTIVE AGENT

TYPE	CONDITIONAL	MESSAGE
Success	Treating the patient's conditions according to guidelines	Congratulations, your practice meets the guidelines' requirements.
Failure	Thrombolysis administered inspite of contraindication	The case was not solved according to the guidelines' requirements.
	Patient suffered a cardiac arrest and was not resuscitated.	Unfortunately your patient didn't make it. Try again!

# DIFFERENTIAL DIAGNOSIS

Indication of the options of diagnostic answers that the user will be presented at the end of the simulation (multiple choice question):

DIFFERENTIAL DIAGNOSIS MULTIPLE CHOICE QUESTION	Correct answer	Ischemic stroke
	3 incorrect answers	Multiple Sclerosis
		Brain tumor
		Epileptic fit

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#### **REFERENCES**

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